Central California Produce Guide

**Availability is affected by weather and the conditions on each individual farm

*PEAK MONTH

ITEM	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Apple												
Apricot												
Artichoke												
Arugula												
Asian Greens												
Asparagus												
Avocado												
Basil												
Bean, Fava												
Bean, Green												
Bean, Shelling												
Bean, Wax												
Beet, All Varieties												
Blackberry												
Blueberry												
Broccoli												
Brussel Sprout												
Buddha's Hand												
Burdock Root												
Cabbage												
Cactus												
Cardoon Stalk												
Carrot												
Cauliflower												
Celery												
Celery Root												
Chard												
Cherry												
Collard Green												
Corn												
Cress												
Cucumber												
Date												
Eggplant												
Endive												
Fennel												
Fig												
Garlic												
Grape												
Grapefruit												
Green Garlic												
Horseradish												
Kale, All Varieties												
Kiwi												
Kohlrabi												
Kumquat												
Leek												
Lemon												
Lemon, Meyer												
Lettuces, Head and Salad												
Lime												
Lime, Key												
Melons												
Wild Mushrooms												
Nectarine												
Okra												
Olives												
Onions												
Onion, Green												
Onions, Fresh Spring/Pearl												
Onions, Sweet												
Orange, Mandarin/Tangerine												
Oranges												
Parsnip												
Pea, Green												
Pea, Snow												
Pea, Sugar Snap												
Peach												
Pear												
Pear, Asian												
Pepper, Sweet												
Pepper, Hot												
Persimmon												
Plum												
Pomegranate												
Pomelo												
Potato, New												
Potato, Sweet												
Radish												
Radicchio, All Varieties												
Rapini/Broccoli Rabe												
Raspberry												
Rhubarb												
Rutabaga												
Salsify												
Shallot, Fresh												
Spinach												
Squash, Summer												
Squash, Winter												
Squash Blossom												
Strawberry												
Sunchoke/Jerusalem Artichoke												
Tomatillo												
Tomato												
Turnip												